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**Post Operative Instructions:  
Loop Electrosurgical Excision Procedure (LEEP)**

All patients should:

1. Have a post operative appointment scheduled 2 weeks after LEEP.

Post Operative Instructions:

1. **DO NOT** insert anything into the vagina for **4 weeks**. This includes tampons, menstrual cups, sexual intercourse, inserting any personal massagers, and even water. **DO NOT** submerge in any body of water. This includes baths, pools, hot tubs, and the ocean.

What to expect:

1. Light to moderate vaginal bleeding and brownish-black discharge that resembles coffee grounds is normal for the first two weeks.
2. You may have some mild cramping or discomfort. Ibuprofen was prescribed prior to your procedure and this should help. If you are unable to take the ibuprofen, you can also take over the counter Tylenol as directed on the bottle.
3. Some constipation can occur after the procedure. You can take a stool softener, such as docusate sodium, or an over-the-counter laxative, such as Milk of Magnesia.

When to contact the office:

1. If you start bleeding enough to soak a pad (not a pantyliner) in 2 hours or less.
2. If you notice foul-smelling discharge from the vagina
3. If you develop a fever greater than 100.4 F.